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Pegawai Penyelidik / *Research Officer*

Pusat Kajian Ekonomi dan Kemsyarakatan (EMAS) / *Centre for Economics and Social Studies (EMAS)*

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Kelulusan Akademik

Academic Qualification

Ph.D (Pengurusan) Tesis: Keseimbangan Kerja-Keluarga / *Ph.D. (Management) – Dissertation: Work-Family Balance*

MBA (Pengurusan Am) / *MBA (General Management)*

MEdu (Pendidikan - Asas Sosial Pendidikan) / *M.Ed. (Education - Foundations of Educational Sociology)*

BHSc (Sains Politik - Teori dan Falsafah Politik) / *B.HSc. (Political Science - Theory and Philosophy of Politics)*

Bidang Kepakaran

Area of Expertise

Isu Keluarga / *Family Issues*

Isu-isu Wanita / *Women Issues*

Penerbitan & Penulisan

Publication & Writing

- 1) Makalah: Susu Ibu Beri Kesan Kepada Emosi Anak. (Ruangan Wanita. Gaya. Utusan Malaysia, Julai 2025)
Article: Breastfeeding Affects Children's Emotions. (Women's Column. Utusan Malaysia, Thursday, July 2025)
- 2) Makalah: Malaysia Perlu Jadi Pelopor Reformasi Struktur OIC. Ruangan Komentari. Berita Harian, Jun, 2025)
Article: Malaysia Must Become a Pioneer of OIC Structural Reform. (Commentary Column. Berita Harian, June 2025)
- 3) Makalah: Didik Anak Bersyukur, Suburkan Keikhlasan Jiwa Sambut Aidilfitri. (Ruangan Minda Pembaca. Berita Harian, Mac 2025)
Article: Teach Children Gratitude, Nurture Sincerity of the Soul in Celebrating Aidilfitri. (Readers' Mind Column. Berita Harian, March 2025)
- 4) Makalah: Jururawat dan Dasar 45 Jam: Antara Tuntutan Perkhidmatan dan Tanggungjawab Syariah. (Laman sesawang IKIM)
Article: Nurses and the 45-Hour Policy: Between Service Demands and Shariah Responsibility. (IKIM Website)
- 5) Makalah: *When Education Fails to Build Integrity: Rethinking Our Fight Against White-Collar Crime.* (Laman sesawang IKIM)
- 6) Makalah: Rogol dan Sumbang Mahram: Cerminan Kepincangan Masyarakat. (Laman sesawang IKIM 2025).
Article: Rape and Incest: A Reflection of Society's Failings. (IKIM Website, 2025)
- 7) Makalah: *Motherhood and Work: A Never-ending Tug of War.* (Laman sesawang IKIM, 2025)

Keanggotaan Profesional

Professional Membership

- 1) Malaysian Association of Neo-Cognitive Behavioral Therapy (Ahli Seumur Hidup)
Malaysian Association of Neo-Cognitive Behavioral Therapy (Lifetime Member)
- 2) Neo-CBT (Pengamal bertauliah)
Neo-CBT (Certified Practitioner)
- 3) ADHTP (Pengamal bertauliah)
ADHTP (Certified Practitioner)
- 4) Pengamal NLP (NFNLP, US)
NLP Master Practitioner (NFNLP, US)
- 5) Kitab Syarah Asmaul Husna (Tauliah)
Kitab Syarah Asmaul Husna (Accredited/Ta'uliah Holder)